

HALIFAX ELEMENTARY SCHOOL

November 2009

Lunch - \$2.00 Milk - \$.50 Ala Carte - \$.30 Ice Cream - \$.50

Assorted Milk is available daily – Daily desserts can include jello, pudding, fresh or canned fruits, etc.

- Assorted sandwiches available daily -

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2 Breaded chicken strips cornbread - baked fries choice of veggie sticks w/dipping sauce Fruit, juice or milk	3 Pasta w/sauce – meat- balls – asst. salad and veggie sticks – dressing choice or fresh or canned fruit juice or milk	4 Pizza – choice of veggie sticks or salad w/dressing – fresh or canned fruit juice or milk	5 Nacho boat w/asst. toppings – salsa – choice of fruits – veggie sticks – asst. dressing juice or milk	6 Waffles w/syrup scrambled eggs – choice of fresh or canned fruit juice or milk	7
8	9 Hamburger or cheese- burger on wheat roll Baked fries – asst. fruits, veggie sticks w/dipping sauce – juice or milk	10 BBQ chicken – baked fries – vegetable – blueberry bread – fresh or canned fruit juice or milk	11 VETERAN’S DAY NO SCHOOL	12 THANKSGIVING DINNER Roast turkey dinner w/gravy - mashed potato cornbread - apple crisp fruit, juice or milk	13 Asst. cereal – hash browns – sausage – choice of fresh or canned fruit juice or milk	14
15	16 Hotdog on wheat roll – baked chips or pretzels – veggie stix w/dipping sauce – choice of fresh or canned fruit juice or milk	17 Scrambled hamburger in gravy – mashed potato – vegetable – cornbread choice of fresh or canned juice or milk	18 Pizza – choice of vegetable sticks or salad w/dressing – choice of fresh or canned fruit juice or milk	19 Chicken nuggets – rice veggie sticks w/dipping sauce – apple bread asst. fresh or canned fruit juice or milk	20 French toast sticks w/syrup – sausage patty Asst. fresh or canned fruit juice or milk	21
22	23 Chicken patty on wheat roll – baked fries – veggie sticks w/dipping sauce – warm wheat roll w/Smart Balance – fresh or canned fruit fruit or milk	24 Chicken noodle or tomato soup – baked cheese or tuna sandwich asst. fresh or canned fruit juice or milk	25 EARLY RELEASE NOON DISMISSAL	26 THANKSGIVING	27 BREAK	28
29	30 Hamburger or cheese- burger on wheat roll Baked chips – veggie sticks w/dipping sauce asst. fresh or canned fruit juice or milk					